

REDUCING THE RISK OF **COVID-19** INFECTION TO OLDER ADULTS

COVID-19 INFECTION

Older adults are particularly vulnerable to COVID-19 infection. If you have a loved one living in a residential facility, ask about infection control and visitation policies.



CONSIDER NOT VISITING



Please consider not visiting family and friends in nursing homes, long-term care facilities or senior living apartments. Some people can spread the virus without having any symptoms.

DO NOT INVITE FAMILY OR FRIENDS FROM OUTSIDE OF THE HOME



HOW TO STAY CONNECTED WITH YOUR OLDER FAMILY MEMBERS AND FRIENDS

- Make phone calls
- Ask facilities if they can host video calls
- Send care baskets, flowers, or their favorite item
- Mail a handwritten card or letters

